Subject: Content- Law of Attraction

22.

It’s a miracle!

I got a call from an old friend today who said her life is changing. And all she’s done, according to what she told me, is to begin articulating her desires.

Every morning when she gets up, she takes a minute to visualize her desires.

For years, my friend has struggled with her weight. She’s tried diet after diet and has never been successful. At least not with any permanence.

But here’s her new story. Rather than feeling hopeless and defeated, she’s started to say to herself, “I am in the process of becoming thin.” That’s it.

Somehow, she says, that reinforcing the fact that she is in the process of becoming thin has made it so.

By articulating that she is in the process of being thin, the Universe has noticed her desire. The Universe is working to make her desire, the reality of being thin, a reality for her.

Miracles do happen! We only have to want them to.